





## **POMPEII Half-Day**

Date: 17,18 and 19 September

Time: 08.15 AM

Price: € 40,00 per person (including transfer by bus, guide service and entrance fees)



Meet with an English-speaking guide in the lobby of the Hilton Sorrento Palace and depart by bus to Pompeii. Pompeii holds an intense fascination for visitors. Following the eruption of Mount Vesuvius in the year 79 AD, Pompeii lay buried and forgotten for hundreds of years.

The Town is high on the list of Wonders of the World, and the excavations begun in the 18<sup>th</sup> Century are still being carried out today. Our guide will take you through the ancient streets of Pompeii where you can see the baths, forums and villas built by the prosperous Romans as early as 80 BC. Marvel at the fabulously-preserved frescoes which adorned the walls and floors of the villas. Even if your

interests do not include history, this is an archaeological site that never fails impress.

Buses will return to the hotels for lunch time.

#### **ERCOLANO Half-Day**

Date: 17,18 and 19 September

Time: 08.15 AM

Price: € 40,00 per person (including transfer by bus, quide service and entrance fees)

Meet with an English-speaking guide in the lobby of the Hilton Sorrento Palace and depart by bus to Herculaneum. Our journey takes us along the gorgeous coastal road through Castellammare di Stabia and out along the motorway to Herculaneum. Herculaneum was destroyed along with Pompeii in 79 AD and rediscovered in 1709. It was a residential town without Pompeii's commercial importance, surrounded by the villas of the wealthy Romans. When Mount Vesuvius erupted, Herculaneum was submerged under a torrent of mud and lava that hardened into a soft tufa (a kind of course rock) that preserved many of the timber features and household objects which can be seen today. A large portion of the old Herculaneum is still buried under the modern town and, even today, excavations continue to discover what treasures lie buried under the rock, to the extent that some families are being relocated so work can continue.









## **VESUVIUS Half-Day**

Date: 17,18 and 19 September

Time: 08.00 AM (17 and 19 September) and 01.30 PM (18 September only)

Price: € 26,00 per person (including transfer by bus, guide service and entrance fees)



This half-day tour picks up from the Hilton Sorrento Palace and includes a guide and deluxe coach transportation. Buses will transport delegates to Mount Vesuvius up to 3.000 feet. Delegates then continue on foot to the crater. Upon return to Sorrento, we will be stopping to visit the Mineralogical Museum of Vico Equense.

## **CAPRI Half-Day**

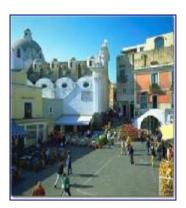
Date: 16,17 and 18 September

Time: 08.30 AM (16 and 18 September) and 02.15 PM (17 September only)

Price: € 42,00 per person (including transfer by bus to and from the harbour, transfer by

hydrofoil, guide service and entrance fees)

Meet an English-speaking guide in the lobby of the Hilton Sorrento Palace and depart by minibuses to Sorrento harbour, where hydrofoils transport delegates across the bay of Naples to Capri for the start of an unforgettable day. The small island, about 4 miles long and 2 miles wide, has had much said, sung and written about it. Upon arrival on Capri, delegates will then be escorted to Capri town which is very chic with shops, hotels and restaurants lying winding streets. The main square Piazza Umberto I has a pretty white church and several open-air cafes where you can sit and watch the world drift by. Leading off the square are medieval-looking alleyways and arcades full of shops selling the handicrafts of the island: clothing, jewellery made from coral and gold, shoes



and ceramics. Admire the colourful gardens of Augustus overlooking the famed Faraglioni Rocks and Marina Piccola where Gracie Fields once lived. There is free time for you to go off and admire the elegant boutiques, stroll along the cobbled streets or simply relax on the beach. There is so much to see and do on this tiny island paradise that you will be sorry to leave.

Delegates will return to Sorrento by hydrofoil and to the hotels by minibuses.









## **POSITANO Half-Day**

Date: 16,17 and 18 September

Time: 08.30 AM (17 September only) and 02.00 PM (16 and 18 September)

Price: € 27,00 per person (including transfer by, guide service and entrance fees)

Meet with an English-speaking guide in the lobby of the Hilton Sorrento Palace and depart by bus to the Amalfi coast, that is said to be the most spectacular in Europe. From Sorrento, the winding cliff top road offers breath-taking panoramic views at every turn. Each spot is a world

of its own that dazzles the imagination and inspires unforgettable impressions. We make a first stop above Positano to take pictures and to change into small local buses, as only local ones are allowed to go downtown. Once arrived in Positano town, we start with a nice walk through the characteristic little streets of the village, rich with shops selling local products like limoncello, ceramics and dresses that have made the Positano fashion famous all over the world. We visit the Church of Santa Maria dell'Assunta, and the walk ends at the famous stairs leading to the beach where all the best restaurants and open-air cafès are located. Free time for shopping or snacking cafès is included before meeting with the guide and returning to Sorrento.



#### NAPLES SHOPPING AND SIGHTS Half-Day

Date: 16,17 and 18 September

Time: 08.00 AM (16 and 19 September) and 02.00 PM (17 September only)

**Price**: € 28,00 per person (including transfer by bus, guide service and entrance fees)



We depart from the Hilton Sorrento Palace by air-conditioned motorcoach and arrive in Naples at Piazza Municipio. A guide leads a walking tour to Piazza Plebiscito, pointing out Maschio Angioino, Galleria Umberto and Teatro San Carlo.

In Piazza Plebiscito, the guide points out shops on Via Roma, Via Toledo and Via Chiaia. All guests meet at Piazza Plebiscito to return to the bus at Piazza Municipio, followed by a bus tour of Naples and the Posillipo with views of Naples. Return to Sorrento.









## **SORRENTO Half-Day**

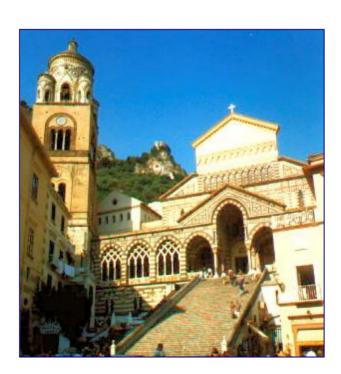
Date: 16,17 and 18 September

Time: 09.00 AM (17 September only) and 02.30 PM (16 and 18 September)

Price: € 30,00 per person (including transfer by bus, quide service and entrance fees)

Meet with an English-speaking guide in the lobby of the Hilton Sorrento Palace and depart on foot to Sorrento. On the way to Sorrento centre, we first stop to visit the Cathedral, built on the site of the ancient temple dedicated to Saints Philip and James, and restored and extended in the 15<sup>th</sup> Century to become the archiepiscopal seat. There we see very delicate work of inlaid polycrome marbles, inlaid woodworks, the paving adorned by majolica composition of 18<sup>th</sup> Century, sculptures adorning the altars of the two lateral naves, and paintings. Continuing to Via San Cesareo, we reach the Largo Dominova where we can admire the bell-tower of the Cathedral, situated in a position not adjoining the church, revealing its medieval origin.

Following tour of the historical centre, we reach the church of San Francesco and its cloister, an impressive host of musical concerts and art exhibitions. Close to this church there are the Public Gardens overlooking the sea with a splendid view of the Gulf of Naples. Leaving the Gardens, we follow Via Vittorio Veneto and arrive at the panoramic Piazza della Vittoria where we enter the hotel Bellevue Syrene, built on a cliff and decorated with frescoes and unique French, English and Italian antiques. At the Bellevue Syrene, we will be treated to tea and biscuits on the terrace overlooking the sea. Free time for shopping follows and walk back to the hotel.











# **CAPRI/ANACAPRI Full-Day**

Date: 16,17 and 18 September

Time: 09.45 AM

Price: € 64,00 per person (including transfer by bus from/to harbour, transfer by hydrofoil,

guide service and entrance fees)

No holiday here in Sorrento would be complete without a trip to the evocative Island of Capri. Sail across the bay of Naples for the start of an unforgettable day. For so small an island, about 4 miles long and 2 miles wide, Capri has had much said, sung and written about it. First, you will visit the fabulous villa of Dr. Axel Munthe, a Swedish doctor whose best selling book *Story of San Michele* tells of his time on Capri. His villa was built with the remains of Roman ruins and includes a beautiful shady garden with a terrace offering splendid views of the island. You then go down to Capri town which is very chic with shops, hotels and restaurants along winding streets. The main square Piazza Umberto I has a pretty white church and several open-air cafes where you can sit and watch the world drift by. Leading off the square are medieval-looking alleyways and arcades full of shops selling the handicrafts of island: clothing, jewellery made from coral and gold, shoes and ceramics. Admire the colourful gardens of Augustus overlooking the famed Faraglioni Rocks and Marina Piccola where Gracie Fields once lived. There is free time for you to go off and admire the elegant boutiques, stroll along the cobbled streets or simply relax on the beach. There is so much to see and do on this tiny island paradise you will be sorry to leave.











## POMPEII / VESUVIUS Full-Day

Date: 16,17 and 18 September

Time: 09.30 AM

Price: € 55,50 per person (including transfer by bus, guide service and entrance fees)

Pompeii holds an intense fascination for visitors. Following the eruption of Mount Vesuvius in the year 79 AD, Pompeii lay buried and forgotten for hundreds of years. The town is high on the list of the Wonders of the World, and the excavations begun in the 18<sup>th</sup> Century are still being carried out today. Our guide will take you through the ancient streets of Pompeii where you can see the baths, forums and villas built by the prosperous Romans as early as 80 BC. Marvel at the fabulously-preserved frescoes which adorned the walls and floors of the Villas. Even if your interests do not include history, this is an archaeological site that never fails to impress. Mount Vesuvius itself dominates the Bay of Naples. It is the only active volcano on the mainland of Europe. The slopes were once covered with vineyards and woods and provided an innocent looking backdrop for the bustling town below. The coach will take you to within 1.000 metres of the top of Vesuvius and from here you can walk to the very top and admire the splendid panoramic views across the bay. From the blackened crater rises a single plume of smoke, a reminder that the volcano is only sleeping for now.











## NAPLES AND SOLFATARA Full-Day

Date: 16,17 and 18 September

Time: 09.30 AM

Price: € 51,00 per person (including transfer by bus, guide service and entrance fees)

Naples was founded in 600 BC by the Greeks, and the Romans took over shortly thereafter in 320 BC. Naples is rich in history with building, churches and monuments dating back centuries. Just over an hour from Sorrento, it makes an interesting day out. On our tour, you will be able to visit the National Museum which is one of the best archaeological museums in the world. Most of the treasures from Pompeii and Herculaneum have been transferred to this museum for safekeeping. There is also a priceless collection of paintings and bronze works. After visiting the museum, you will also be guided around the city which, as you will see, is a hive of activity. You will see the Royal Palace, the Piazza Plebiscito, the Piazza Municipio with its huge medieval castle the "Maschio Angioino " and the San Carlo Opera house. In the afternoon, you will drive to the area near Pozzuoli to visit the Solfatara. This is a flat volcano where you can see hot steam and walk on hot ground. Ancient people thought the volcano was the entrance to the underworld.











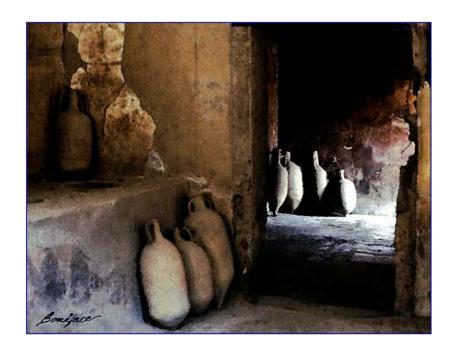
## **POMPEI AND HERCOLANUM Full-Day**

Date: 16,17 and 18 September

Time: 09.30 AM

Price: € 74,00 per person (including transfer by bus, guide service and entrance fees)

This full-day guided excursion by coach takes you to the famous archaeological sites of Pompeii and Herculaneum. Pompeii holds an intense fascination for visitors. Following the eruption of Mount Vesuvius in the year 79 AD, Pompeii lay buried and forgotten for hundreds of years. The town is high on the list of the Wonders of the World, and the excavations begun in the 18<sup>th</sup> Century are still being carried out today. Our guide will take you through the ancient streets of Pompeii where you can see the baths, forums and villas built by the prosperous Romans in the year 80 BC. Marvel at the fabulously-preserved frescoes which adorned the walls and floors of the villas. Even if your interests do not include history, this is an archaeological site that never fails to impress. Likewise, when Mount Vesuvius erupted, Herculaneum was submerged under a torrent of mud and lava that hardened into a soft tufa (a kind of course rock) that preserved many of the timber features and household objects which can be seen today. A large part of the town is still buried, and certainly many art treasures are still to be found. Coaches will return to Sorrento in the afternoon.











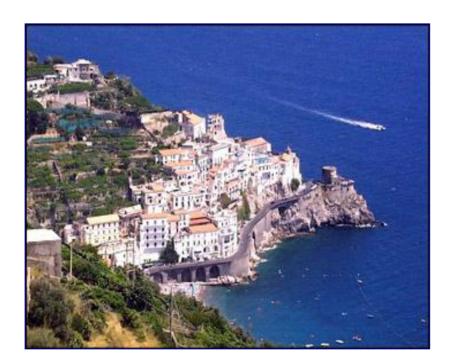
## **AMALFI DRIVE Full-Day**

Date: 16,17 and 18 September

Time: 09.45 AM

Price: € 33,50 per person (including transfer by bus, guide service and entrance fees)

The "Amalfi Drive" is said to be the most spectacular road in Europe. From Sorrento, the winding cliff-top road offers breathtaking panoramic views at every bend. Each spot is a world of its own which dazzles the imagination and inspires unforgettable impressions. The first stop is Amalfi, which gives its name to the whole coast on which it lies. Once a thriving Marine Republic, Amalfi was powerful and prosperous and is now a thriving holiday resort. The unmistakeable cluster of tightly-packed white houses rising up the hillside is dominated by the beautiful Cathedral, which stands on the top of a great flight of steps leading up from the main square. Housed in the magnificent Cathedral are the remains of the Patron Saint of Amalfi and also Scotland – Saint Andrew. From Amalfi we visit Ravello, which nestles 1.1000 feet above the sea in the hillside. We visit the Villa Rufolo which gave the musician Richard Wagner the inspiration to create one of his most famous operas, Parsifal.











#### SORRENTO COOKING SCHOOL

Date: 17,18 and 19 September

Time: 10.00 AM

Price: € 85,00 per person (including transfer to and from the hotel, lunch on the school's

premises, recipes, cook apron, chef's hat, shopping bag)

The Sorrento Cooking School is located within the *Giardino Delle Esperidi* of Raffaella D'Esposito and her family, a well-known resort of the "Penisola Sorrentina". The School, which is a short distance from the sea and the city centre (it is situated in Sant'Agnello, 1 km away from the city centre of Sorrento) is surrounded by a field of lemon and orange trees. The Cooking School includes a cooking area, a tasting area used to sample the dishes prepared during the lesson, a large dining area, and a small store where one may buy local products. Each course is taught in English and lasts approximately 3 hours, followed by lunch. The menus are composed of an appetizer, first course (generally gnocchi), main course (generally fresh fish) and dessert. Meals are accompanied by suitable wines and mineral water. All instructors are expert chefs, and most of them have been working for famous restaurants throughout Italy and abroad.





#### THE FOURTH MEDITERRANEAN EMERGENCY MEDICINE CONGRESS (MEMC IV)

HILTON SORRENTO PALACE SORRENTO, ITALY 15 - 19 SEPTEMBER 2<u>007</u>







#### VISIT OF THE FARM "AZIENDA AGRICOLA LA SORGENTE"

Date: 17,18 and 19 September

Time: 11.00 AM

Price: € 27,00 per person (including transfer to and from the hotel, and lunchtime snack)

This farm is owned by the third generation of the family Marciano who, to this day, remain selling their products to the local people (real homemade and genuine food). It is located approximately 5 minutes from the center of Sorrento in a residential neighbourhood decorated with olive, lemon, orange, mandarin and walnut trees. The visit of the farm includes a guided visit of the wine cellar, old olive mill and a unique demonstration of hand-production of mozzarella cheese. All the food that will be served to the group is specially prepared by third generation of cooks of the family.









#### **"FATTORIA TERRANOVA" WINE TASTING**

Date: 17,18 and 19 September

Time: 11.00 AM

**Price**: € 65,00 per person (including transfer to and from the hotel)

Participants will taste both red and white local wine produced in the Campania Region. An expert sommelier will explain grapes used to produce wines and will distribute technical cards. During the tasting, staff will offer participants local foods (like cheeses, salami, bread with olive oil) to enhance typical sensory centres of mixed vintages.



